

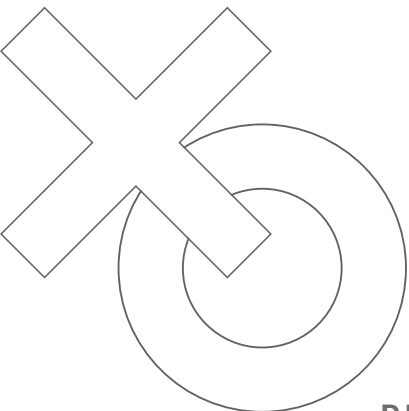
## Goal Setting: Dream Big

*Use this discussion guide to spark conversations at home surrounding this topic. You will see various levels of questions grouped by difficulty level. Pick and choose what questions are appropriate for your family.*

- What is something you want to be better at?
- What are some things you can do now to help you get there?
- What is a goal we can all work toward together?
- . . . . .
- What do you want to be when you grow up?
- What are some things you can do while you're still a kid that will help you get there?
- What is a goal we can all work toward together?
- . . . . .
- What is something you want to accomplish in your life?
- What are some steps that you can take to get there?
- Interview someone in our family. What was one of their big dreams when they were your age? Did they accomplish it or not? What would they change?

# Connect The Dots

# GOAL SETTING Dream BIG



*"The future belongs to those who believe in the beauty of their dreams."*  
- Eleanor Roosevelt

## DIRECTIONS

Daydreaming can lead to dreaming big! Connect the dots, and then draw a picture of you reaching your big goal in the middle!

